

PEDIATRIC SLEEP DAY 2014

Friday April 4th 8:00 - 17:00

CHAIR: Dr. Colin Shapiro, MBBCh, PhD, FRCPC

ORGANIZER: Dr. Sharon Chung, PhD

SPONSORING ORGANIZATION: Youthdale Child and Adolescent Sleep Centre

LOCATION: Holland Bloorview Kids Rehabilitation Hospital, 150 Kilgour Road, Toronto, Conference Centre (Rooms 1E200 & 1E201)

This event has been accredited by the American Academy of Sleep Technologists for 7.0 AAST CECs

08:00 - 08:30 Continental Breakfast and visit time for Exhibit Tables

08:30 - 08:45 **Colin Shapiro**, MBBCh, FRCPC, PhD
Program Director, Youthdale Child & Adolescent Sleep Centre; Psychiatrist, Neuropsychiatry Program, University Health Network
Overview & Comments: Pediatric Respiratory-Themed Half-Day Session

08:45 - 09:45 **Dr. Joanna E MacLean**, BSc(Hon), MD, PhD, FRCPC
University of Alberta Division of Respiratory Medicine, Department of Pediatrics
Craniofacial Abnormalities-Associated Sleep Apnea in Children

09:45 - 10:45 **Dr. Sheila Venkatarangam Jacob**, MD, FRCPC, Diplomate, ABSM
Centre Hospitalier Universitaire Sainte-Justine and Institut de Médecine du Sommeil, Montréal
Sleep in Children with Respiratory Disorders

10:45 - 11:30 **Carman Osbourne**, BSc, RRT
Territory Sales Representative, Homecare, VitalAire Healthcare
Mask Fitting in Kids: What Docs and Tech need to Know

11:30 - 12:30 Lunch and visit time for Exhibit Tables

12:30 - 12:45 **Colin Shapiro**, MBBCh, FRCPC, PhD
Program Director, Youthdale Child & Adolescent Sleep Centre; Neuropsychiatry Program, University Health Network
Overview & Comments: NeuroDevelopmental Half-Day Session

12:45 - 13:30 **Dr. Laszlo Osvath**, PhD, MSc, SMIEEE
Senior Scientist, NeuroZone Dynamics
A Technique for the Biological Detection of Depression in Children and Adolescents

13:30 - 14:15 **Gilla Shapiro**, MA (Cantab), MPA, MPP
Clinical Psychology, McGill University
Cannabinoids and Psychosis in Adolescents: Yes, there is a Link to Sleep

14:15 - 15:00 **Dr. Louis van Zyl**, MBBCh, M.Med, FRCPC, DFCPA, FAPM
Youthdale Child and Adolescent Sleep Centre
Clinical Case: Cannabis use and Circadian Rhythm Disorder

15:00 - 15:15 Coffee Break and visit time for Exhibit Tables

15:15 - 16:10 **Dr. Reut Gruber**, PhD Clinical Psychologist
Associate Professor, Department of Psychiatry, McGill University Director, Attention, Behavior, and Sleep Lab Douglas Mental Health University Institute
Sleep and ADHD

16:10 - 16:45 **Dragana Jovanovic**, BSc, RPSGT
Manager, Youthdale Child and Adolescent Sleep Centre
Technical Cases in Children with Neurodevelopmental Disorders

16:45 - 17:00 **Colin Shapiro**, MBBCh, FRCPC, PhD
Program Director, Youthdale Child & Adolescent Sleep Centre; Neuropsychiatry Program, University Health Network
Quiz, Cases and Discussion

NB. Youthdale Brain and Behaviour Development Day will take place the following day (Saturday April 5th from 8:15am-3pm). The theme is: Autism Spectrum and Neurodevelopmental Disorders.